

EXECUTIVE SUMMARY

Thank you for your continued hard work sampling **Dorrs Pond** this year! Your monitoring group sampled the deep spot **three** times this year and has done so for many years. As you know, conducting multiple sampling events each year enables DES to more accurately detect water quality changes. Keep up the great work!

The New Hampshire Department of Environmental Services (DES), in conjunction with the U.S. Environmental Protection Agency (EPA) and the environmental consulting firm AECOM, conducted a Total Maximum Daily Load (TMDL) for total phosphorus for your pond. The TMDL refers to the pollutant reductions a waterbody needs to meet New Hampshire's water quality standards. Dorrs Pond was listed on the 2008 impaired waters [303(d)] list because elevated algal growth impaired the primary contact recreation (swimming) use. Phosphorus is the nutrient responsible for algal growth and is the pollutant to be reduced to control algal growth. DES is required by the Federal Clean Water Act (CWA), Section 303(d), to report every two years to the EPA on all waters not meeting state water quality standards.

The TMDL conducted at your pond identified an in-lake target phosphorus value that, when met, should result in no additional primary contact recreation impairments due to algal growth. A phosphorus budget was constructed, phosphorus sources identified and phosphorus reductions allocated to each of the sources to meet the target value. An implementation plan provides recommendations on watershed remediation activities to reduce phosphorus inputs to the pond.

The draft TMDL will be provided to your pond association, town, and watershed stakeholders for review and will also be available on the DES website at www.des.nh.gov/organization/divisions/water/wmb/tmdl/index.htm. There will be a period for public review and comment, anticipated for Winter/Spring 2010. Phosphorus load reductions can only occur with the knowledge, participation and action of watershed residents, businesses and stakeholders. If you are interested in learning more about the TMDL Program please contact Peg Foss, TMDL Coordinator, at Margaret.foss@des.nh.gov or 603-271-5448.

OBSERVATIONS & RECOMMENDATIONS

DEEP SPOT

➤ **Chlorophyll-a**

Chlorophyll-a, a pigment found in plants, is an indicator of algal or cyanobacteria abundance. Algae are typically microscopic plants that are naturally found in the lake ecosystem. The measurement of chlorophyll-a in the water gives biologists an estimation of the algal concentration or lake productivity. Table 14 in Appendix A lists the current year chlorophyll-a data.

Figure 1 depicts the historical and current year chlorophyll-a concentration in the water column.

The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m³.

The current year data (the top graph) show that the chlorophyll-a concentration **increased** from **June** to **July**, and then **decreased** from **July** to **August**. The chlorophyll concentration was **14.08 mg/m³** in July. Typically, chlorophyll concentrations greater than **15.00 mg/m³** are indicative of an algal bloom.

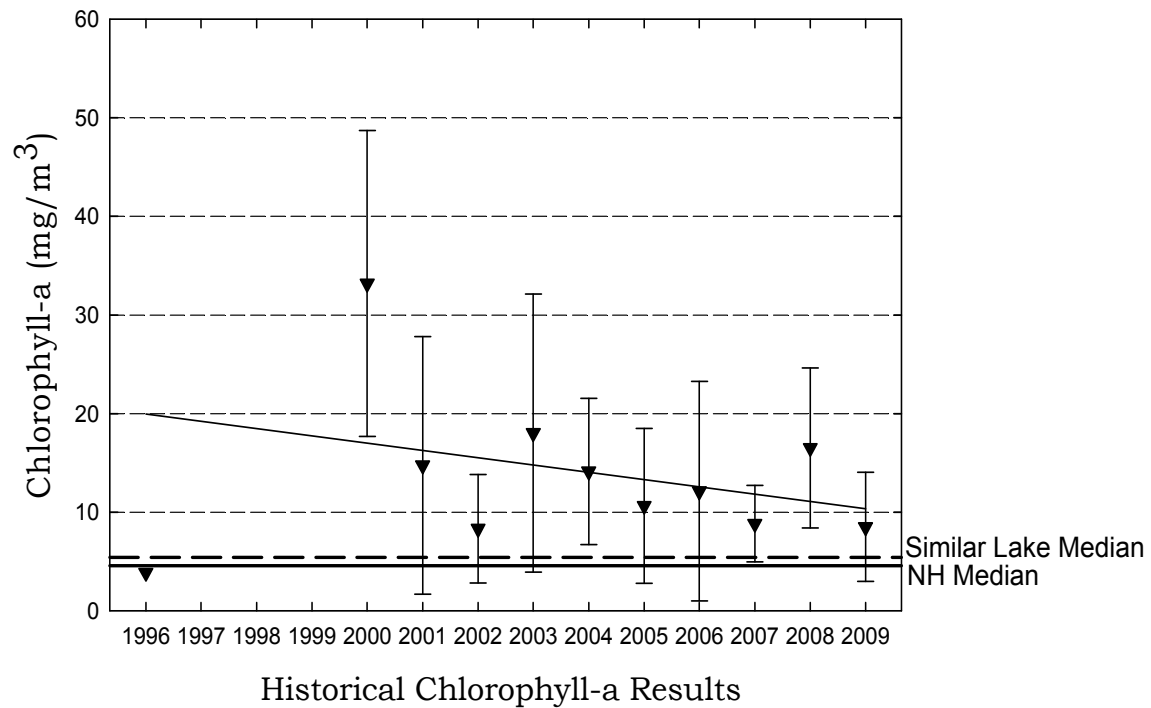
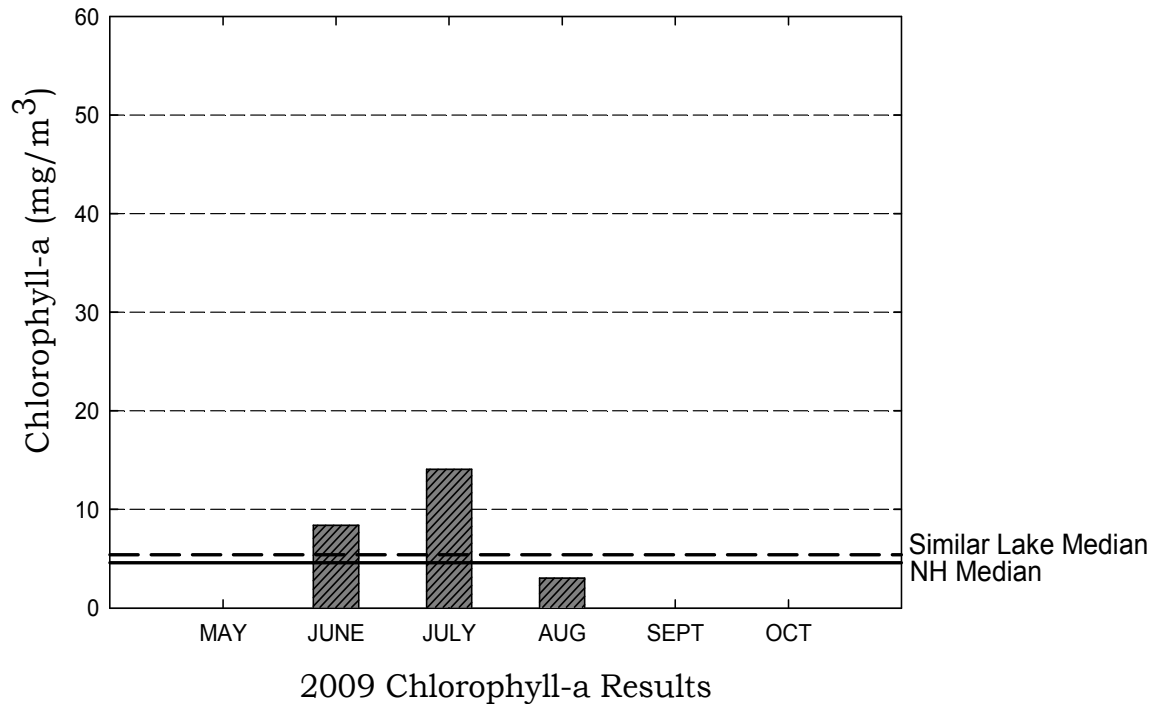
The historical data (the bottom graph) show that the **2009** chlorophyll-a mean is **greater than** the state and similar lake medians. For more information on the similar lake median, refer to Appendix D.

Overall, visual inspection of the historical data trend line (the bottom graph) shows a **variable** in-lake chlorophyll-a trend since monitoring began. Specifically the mean chlorophyll concentration has **fluctuated between approximately 3.86 and 33.18 mg/m³** since **1996**.

While algae are naturally present in all waterbodies, an excessive or increasing amount of any type is not welcomed. Phosphorus is the nutrient that algae typically depend upon for growth in New Hampshire lakes and ponds. Algal concentrations increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase. Increased Chlorophyll-a concentrations can also affect water clarity, causing Secchi-disk transparency to decrease (worsen) and turbidity to increase (worsen). Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about management practices that can be implemented to minimize phosphorus loading to surface waters.

Dorrs Pond, Manchester

Figure 1. Monthly and Historical Chlorophyll-a Results



➤ **Phytoplankton and Cyanobacteria**

Table 1 lists the phytoplankton (algae) and/or cyanobacteria observed in the pond in **2009**. Specifically, this table lists the most dominant phytoplankton and/or cyanobacteria observed and their relative dominance in the sample.

Table 1. Dominant Phytoplankton/Cyanobacteria (2009)

Sample Date	Division	Genus	% Dominance
6/28/2009	Chrysophyta	Dinobryon	81.3
6/28/2009	Pyrrophyta	Ceratium	7.6
6/28/2009	Chrysophyta	Uroglenopsis	5.6
7/26/2009	Pyrrophyta	Ceratium	51.0
7/26/2009	Chrysophyta	Mallomonas	36.1
7/26/2009	Chrysophyta	Uroglenopsis	5.5
8/23/2009	Pyrrophyta	Ceratium	76.5
8/23/2009	Chrysophyta	Dinobryon	17.6

Phytoplankton populations undergo a natural succession during the growing season. Please refer to the “Biological Monitoring Parameters” section of this report for a more detailed explanation regarding seasonal plankton succession. Diatoms and golden-brown algae populations are typical in New Hampshire’s less productive lakes and ponds.

➤ **Secchi Disk Transparency**

Volunteer monitors use the Secchi disk, a 20 cm disk with alternating black and white quadrants, to measure how far a person can see into the water. Transparency, a measure of water clarity, can be affected by the amount of algae and sediment in the water, as well as the natural color of the water. Table 14 in Appendix A lists the current year transparency data. **The median summer transparency for New Hampshire’s lakes and ponds is 3.2 meters.**

Figure 2 depicts the historical and current year transparency ***with and without*** the use of a viewscope.

The current year ***non-viewscope*** in-lake transparency ***increased gradually*** from **June** to **August**.

The current year ***viewscope*** in-lake transparency ***increased gradually*** from **June** to **August**.

The transparency measured with the viewscope was generally ***greater than*** the transparency measured without the viewscope this summer. A comparison of the transparency readings taken with and without the use of a viewscope shows that the viewscope typically increases the depth to which the Secchi disk can be

seen into the lake, particularly on sunny and windy days. We recommend that your group measure Secchi disk transparency with and without the viewscope on each sampling event.

It is important to note that viewscope transparency data are not compared to a New Hampshire median or similar lake median. This is because lake transparency with the use of a viewscope has not been historically measured by DES. In the future, the New Hampshire and similar lake medians for viewscope transparency will be calculated and added to the appropriate graphs.

The historical data (the bottom graph) show that the **2009** mean non-viewscope transparency is **less than** the state median and is **approximately equal to** the similar lake median. Please refer to Appendix D for more information about the similar lake median.

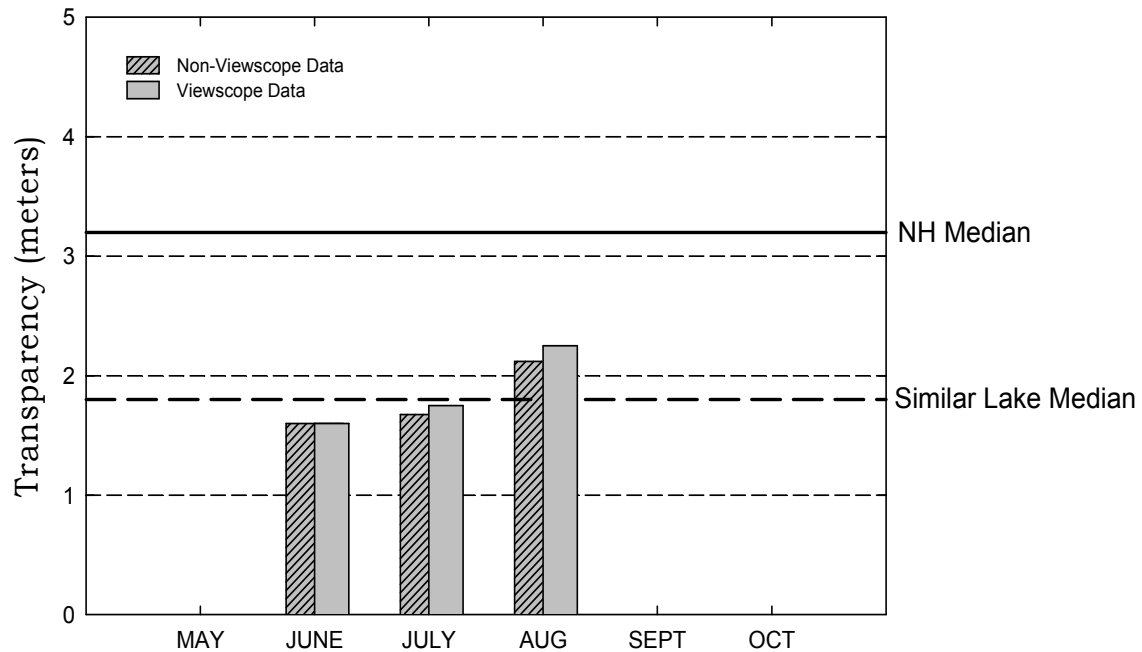
Visual inspection of the historical data trend line (the bottom graph) shows a **stable** trend. Specifically, the transparency has **remained relatively stable ranging between 1.10 and 2.00 meters** since monitoring began in **1996**.

Typically, high intensity rainfall causes sediment-laden stormwater runoff to flow into surface waters, thus increasing turbidity and decreasing clarity. Efforts should continually be made to stabilize stream banks, pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the pond. Guides to best management practices that can be implemented to reduce, and possibly even eliminate, nonpoint source pollutants, are available from DES upon request.

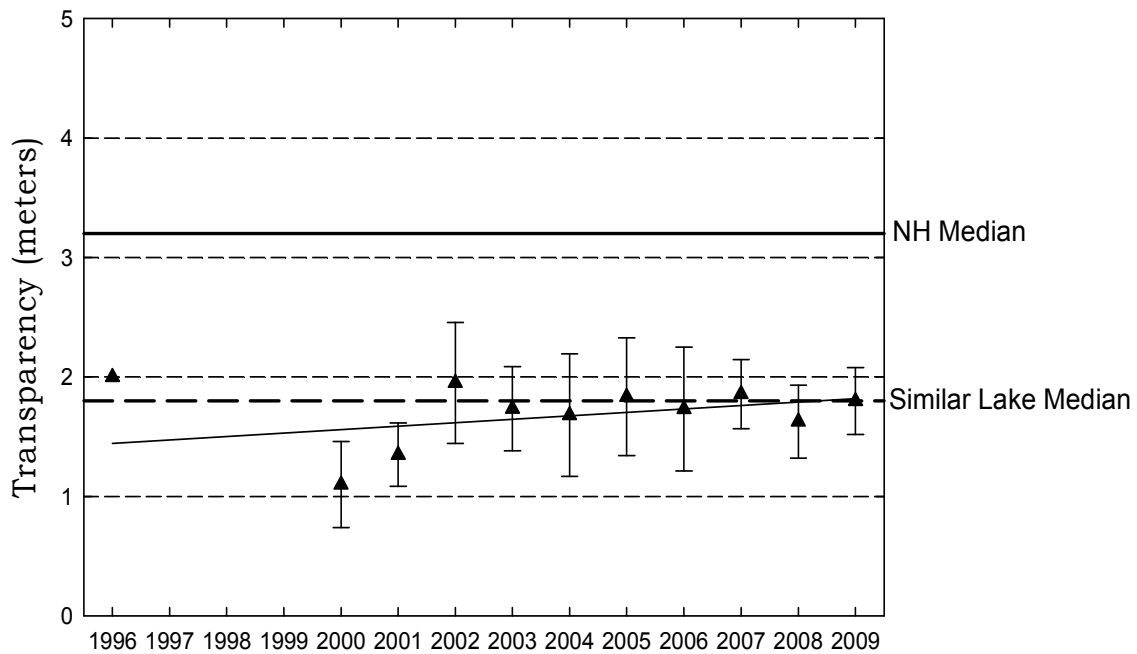
We recommend that your group continue to measure the transparency with and without the use of the viewscope on each sampling event. Ultimately, we would like all monitoring groups to use a viewscope to take Secchi disk readings as the use of the viewscope results in less variability in transparency readings between monitors and sampling events. At some point in the future, when we have sufficient data to determine a statistical relationship between transparency readings collected with and without the use of a viewscope, it may only be necessary to collect transparency readings with the use of a viewscope.

Dorrs Pond, Manchester

Figure 2. Monthly and Historical Transparency Results



2009 Transparency Viewscape and Non-Viewscope Results



Historical Transparency Non-Viewscope Results

➤ **Total Phosphorus**

Phosphorus is typically the limiting nutrient for vascular plant and algae growth in New Hampshire's lakes and ponds. Excessive phosphorus in a pond can lead to increased plant and algal growth over time. Table 14 in Appendix A lists the current year total phosphorus data for in-lake and tributary stations. **The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.**

The graphs in Figure 3 depict the historical amount of epilimnetic (upper layer) and hypolimnetic (lower layer) total phosphorus concentrations; the inset graphs depict current year total phosphorus data.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration **increased slightly** from **June** to **July**, and then **decreased** from **July** to **August**.

The historical data show that the **2009** mean epilimnetic phosphorus concentration is **greater than** the state and similar lake medians. Refer to Appendix D for more information about the similar lake median.

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration was **29 ug/L** in **June**. The hypolimnetic phosphorus concentration was not measured in July or August. The pond is shallow and does thermally stratify into distinct lake layers; therefore it is not necessary to collect a hypolimnion sample.

The hypolimnetic (lower layer) turbidity sample was **elevated** on the **June** sampling event (**4.55 NTUs**). This suggests that the pond bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the pond bottom is covered by an easily disturbed thick organic layer of sediment. When the pond bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

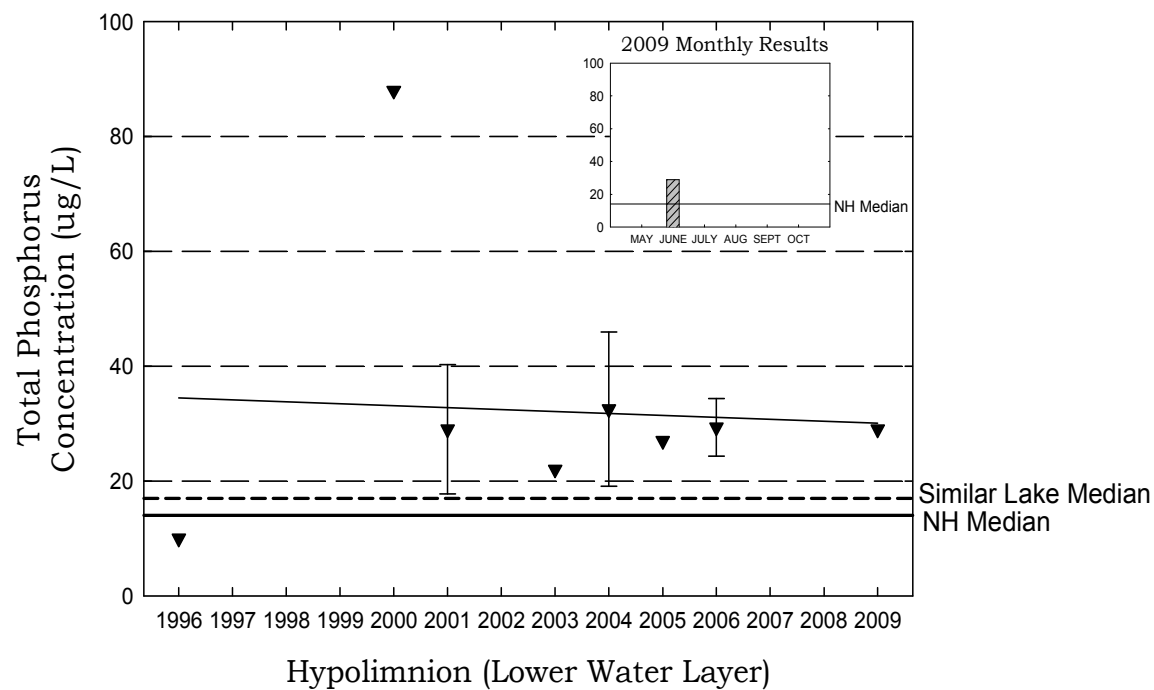
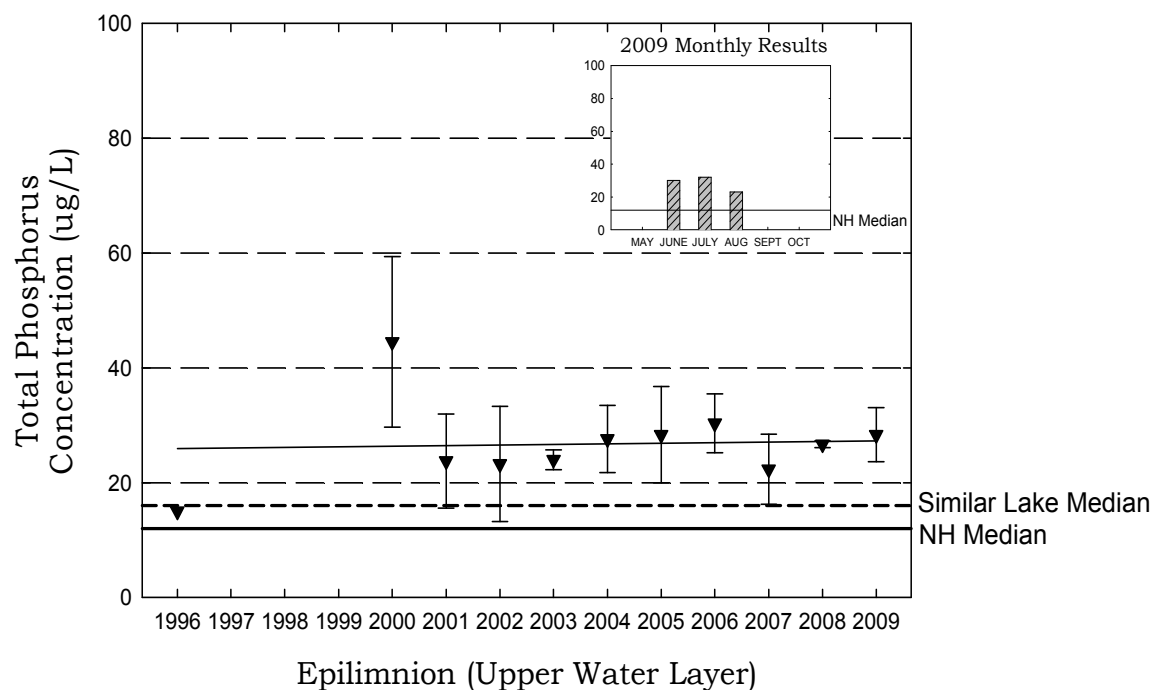
The historical data show that the **2009** mean hypolimnetic phosphorus concentration is **greater than** the state and similar lake medians. Please refer to Appendix D for more information about the similar lake median.

Overall, visual inspection of the epilimnetic historical data trend line shows a **relatively stable** phosphorus trend. Specifically, the mean annual epilimnetic phosphorus concentration has **remained approximately the same** since **2001**.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about the watershed sources of phosphorus and how excessive phosphorus loading can negatively affect the ecology and the recreational, economical, and ecological value of lakes and ponds.

Dorrs Pond, Manchester

Figure 3. Monthly and Historical Total Phosphorus Data.



➤ pH

Table 14 in Appendix A presents the current year pH data for the in-lake stations.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 typically limits the growth and reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the state surface waters are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The pH at the deep spot this year ranged from **6.95 to 7.27** in the epilimnion and was **7.08** in the hypolimnion, which means that the water is ***approximately neutral***.

➤ Acid Neutralizing Capacity (ANC)

Table 14 in Appendix A presents the current year epilimnetic ANC for the deep spot.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.9 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation about ANC, please refer to the "Chemical Monitoring Parameters" section of this report.

The acid neutralizing capacity (ANC) of the epilimnion (upper layer) ranged from **21.5 mg/L to 32.7 mg/L**. This indicates that the pond is ***not vulnerable*** to acidic inputs.

➤ Conductivity

Table 14 in Appendix A presents the current conductivity data for in-lake stations.

Conductivity is the numerical expression of the ability of water to carry an electric current, which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column. The median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The in-lake conductivity continued to remain ***much greater than*** the state

median and is likely a result of the urbanized watershed. Typically, increasing conductivity indicates the influence of pollutant sources associated with human activities. These sources include failed or marginally functioning septic systems, agricultural runoff, and road runoff which contains road salt during the spring snow-melt. New development in the watershed can alter runoff patterns and expose new soil and bedrock areas, which could also contribute to increasing conductivity. In addition, natural sources, such as iron and manganese deposits in bedrock, can influence conductivity.

It is likely that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the pond. In New Hampshire, the most commonly used de-icing material is salt (sodium chloride).

Therefore, we recommend that the **epilimnion** (upper layer) be sampled for chloride next year. This additional sampling may help us identify what areas of the watershed are contributing to the increasing in-lake conductivity.

Please note that the DES Limnology Center in Concord is able to conduct chloride analyses, free of charge. As a reminder, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

➤ **Dissolved Oxygen and Temperature**

Table 9 in Appendix A depicts the dissolved oxygen/temperature profile(s) collected during **2009**.

The presence of sufficient amounts of dissolved oxygen in the water column is vital to fish and amphibians and also to bottom-dwelling organisms. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

The dissolved oxygen concentration was **high** at all deep spot depths sampled in the pond on the **June, July** and **August** sampling events. Typically, shallow lakes and ponds that are not deep enough to stratify into more than one or two thermal layers will have relatively high amounts of oxygen at all depths. This is due to continual lake mixing and diffusion of oxygen into the bottom waters induced by wind and wave action.

The dissolved oxygen concentration was greater than **100 percent** saturation at the **surface** and **one** meters at the deep spot on the **July** and **August** sampling events. Wave action from wind can also dissolve atmospheric oxygen into the upper layers of the water column. Layers of algae can also increase the dissolved oxygen in the water column, since oxygen is a by-product of photosynthesis. Considering that the depth to which sunlight could penetrate into the water column was approximately **1.6** meters on this sampling event, as shown by the Secchi disk transparency depth, we suspect that an abundance of algae in the epilimnion caused the oxygen super-saturation.

➤ **Turbidity**

Table 14 in Appendix A presents the current year data for in-lake turbidity.

Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the “Other Monitoring Parameters” section of this report for a more detailed explanation.

The turbidity of the epilimnion (upper layer) was ***slightly elevated*** throughout the sampling season. The abnormally wet conditions this summer likely led to increased stormwater runoff entering the pond. Stormwater runoff can carry particulate matter and deposits it in the pond causing turbid conditions. Or, an algal bloom had occurred in the lake.

As discussed previously, the hypolimnetic (lower layer) turbidity was ***elevated (4.55 NTUs)*** on the **June** sampling event. In addition, the hypolimnetic turbidity has been elevated on many sampling events during previous sampling years. This suggests that the pond bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the lake bottom is covered by an easily disturbed thick organic layer of sediment. When the pond bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

TRIBUTARY SAMPLING

➤ **Total Phosphorus**

Table 14 in Appendix A presents the current year total phosphorus data for tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a detailed explanation of total phosphorus.

The phosphorus concentration in the **tributaries** was generally ***elevated*** throughout the sampling season, and the turbidity was also generally ***elevated***. Elevated turbidity levels are most often a result of sediment and/or organic material present in the sample. These materials typically contain attached phosphorus and when present in elevated amounts contribute to elevated tributary phosphorus levels.

Record summer rainfall likely increased stormwater runoff and nutrient loading to the tributary. As impervious surface cover increases in the watershed, stormwater runoff volumes increase. This transports phosphorus-laden stormwater into tributaries and eventually the pond. Efforts should be made in the watershed to reduce impervious surfaces and limit phosphorus sources such as fertilizer use, septic influences, agricultural impacts, and sediment/erosion control.

➤ **pH**

Table 14 in Appendix A presents the current year pH data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation of pH.

The pH of the tributary stations ranged from **6.31 to 7.27 (> 6)** and is sufficient to support aquatic life.

➤ **Conductivity**

Table 14 in Appendix A presents the current conductivity data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a more detailed explanation of conductivity.

The tributaries experienced elevated conductivity levels this season, and have experienced elevated or fluctuating conductivity since monitoring began. This is likely the result of the urbanized watershed. As previously mentioned increasing conductivity typically indicates the influence of pollutant sources associated with human activities.

It is likely that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the tributaries. In New

Hampshire, the most commonly used de-icing material is salt (sodium chloride).

Therefore, we recommend that the **tributaries** be sampled for chloride next year. This additional sampling may help us identify what areas of the watershed are contributing to the increasing in-lake conductivity.

Please note that the DES Limnology Center in Concord is able to conduct chloride analyses, free of charge. As a reminder, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

➤ **Turbidity**

Table 14 in Appendix A presents the current year turbidity data for the tributary stations. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation of turbidity.

Overall, tributary turbidity levels **increased** during the **2009** sampling season and are most likely the result of stormwater runoff from significant rain events. Rainfall creates runoff that washes sediment and organic materials into tributaries causing turbid water conditions. Eventually, the suspended solids settle out once the flow is reduced or the tributary flow enters the lake.

➤ **Bacteria (*E. coli*)**

Table 14 in Appendix A lists the current year data for bacteria (*E.coli*) testing. *E. coli* is a normal bacterium found in the large intestine of humans and other warm-blooded animals. *E.coli* is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage **may** be present. If sewage is present in the water, potentially harmful disease-causing organisms **may** also be present. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation.

Bacteria sampling was not conducted this year. If residents are concerned about sources of bacteria such as failing septic systems, animal waste, or waterfowl waste, it is best to conduct *E. coli* testing when the water table is high, when beach use is heavy, or immediately after rain events.

➤ **Chlorides**

Table 14 in Appendix A lists the current year data for chloride sampling. The chloride ion (Cl-) is found naturally in some surface waters and groundwaters and in high concentrations in seawater. Research has shown that elevated chloride levels can be toxic to freshwater aquatic life. In order to protect freshwater aquatic life in New Hampshire, the state has adopted **acute and chronic** chloride criteria of **860 and 230 mg/L** respectively. The chloride content in New Hampshire lakes is naturally low, generally less than 2 mg/L in surface waters located in remote areas away from habitation. Higher values are

2009

generally associated with salted highways and, to a lesser extent, with septic inputs. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

Chloride sampling was **not** conducted during **2009**.

DATA QUALITY ASSURANCE AND CONTROL

Annual Assessment Audit

An annual assessment audit was not conducted in 2009.

Please contact the VLAP Coordinator in the spring of 2010 to schedule an annual biologist visit.

Sample Receipt Checklist

Each time your monitoring group dropped off samples at the laboratory this summer, the laboratory staff completed a sample receipt checklist to assess and document if your group followed proper sampling techniques when collecting the samples. The purpose of the sample receipt checklist is to minimize, and hopefully eliminate, improper sampling techniques.

Overall, the sample receipt checklist showed that your monitoring group did an **excellent** job when collecting samples and submitting them to the laboratory this year! Specifically, the members of your monitoring group followed the proper field sampling procedures and there was no need for the laboratory staff to contact your group with questions, and no samples were rejected for analysis.

USEFUL RESOURCES

Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials, DES Booklet WD-03-42, (603) 271-2975 or www.des.nh.gov/organization/commissioner/pip/publications/wd/documents/wd-03-42.pdf.

Lake or Pond – What is the Difference? DES fact sheet WD-BB-49, (603) 271-2975 or <http://des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-49.pdf>

Lake Protection Tips: Some Do's and Don'ts for Maintaining Healthy Lakes, DES fact sheet WD-BB-9, (603) 271-2975 or www.des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-9.pdf.

NH Stormwater Management Manual Volume 1: Stormwater and Antidegradation, DES fact sheet WD-08-20A, (603) 271-2975 or <http://des.nh.gov/organization/commissioner/pip/publications/wd/documents/wd-08-20a.pdf>

NH Stormwater Management Manual Volume 2: Post-Construction Best Management Practices Selection and Design, DES fact sheet WD-08-20B, (603) 271-2975 or <http://des.nh.gov/organization/commissioner/pip/publications/wd/documents/wd-08-20b.pdf>

NH Stormwater Management Manual Volume 3: Erosion and Sediment Controls During Construction, DES fact sheet WD-08-20C, (603) 271-2975 or <http://des.nh.gov/organization/commissioner/pip/publications/wd/documents/wd-08-20c.pdf>

Road Salt and Water Quality, DES fact sheet WD-WMB-4, (603) 271-2975 or www.des.nh.gov/organization/commissioner/pip/factsheets/wmb/documents/wmb-4.pdf.